

**Northwest ADHD Treatment Center
Medication Management Supplemental Policy 2018**

Name: _____ DOB: _____ Today's Date: _____

Prescriptions for Stimulant Medications

- Prescriptions for stimulant medications will be prescribed during your regularly scheduled psychiatric appointments.
- Appointments will be on a monthly basis to evaluate effectiveness and monitor for side effects. When medications are optimized, you will be seen every 3 months. At that point, your provider will send 3 separate electronic prescriptions to your pharmacy in accordance with Oregon prescribing laws. Please know pharmacies will not have “refills” of stimulants on file, they will have 3 separate prescriptions that can be filled approximately once every 30 days.
- Some medications require prior authorization. Depending on your insurance this process may involve several steps by both your pharmacy and provider. Our staff works to handle prior authorizations as quickly as possible. Please check with your pharmacy for updates.
- Return appointments will be scheduled in a timely fashion to ensure that you do not run out of medication between appointments. Please ensure you schedule a follow up appointment before you will be out of medication.
- If extenuating circumstances such as illness or injury cause you to miss your appointment, refills for stimulant medication may be given at your provider's discretion, so long as the request is made at least seven days in advance of when you will be out.
- **We are not able to provide refills on stimulant medication if you no-show or late cancel your appointment(s).**
- **It is your responsibility to keep your medications in a safe place. We will not replace prescriptions for lost or stolen stimulants.**

By signing here, I agree that I understand the above _____

Non-controlled Medication Refills

- It is your responsibility to notify the office in a timely manner when refills for non-stimulant medications are necessary. Approval of your refill **may take up to seven days** so to ensure you do not run out of medication do not wait to call.
- Medication refills will only be addressed during regular office hours (Monday - Friday 8:30 am - 5pm). If you call our crisis line to request a non-urgent medication you may be charged a \$75 fee.

By signing here, I agree that I understand the above: _____

Controlled Substances

Stimulant medications (amphetamine, methamphetamine, and methylphenidate) used to treat ADHD and other conditions are classified as CII controlled substances and are regulated by the National Drug Enforcement Agency and the State of Oregon. As stimulants have a known abuse potential and risk for dependency, they must only be prescribed to individuals for which they are medically necessary. **It is a crime in Oregon to intentionally provide false or misleading information (“lying,” exaggerating, or omitting information) to attempt to obtain controlled substances when not medically necessary (to use for performance enhancement, to sell, or to “get high”).** If your provider has reason to believe you are intentionally misrepresenting symptoms or are withholding pertinent information your care may be terminated. Per Oregon law:

475.916 Prohibited acts involving records and fraud; penalties. (1) It is unlawful for any person knowingly or intentionally:(c) To acquire or to attempt to acquire or obtain or attempt to obtain possession of a controlled substance by misrepresentation, fraud, forgery, deception or subterfuge;

For safety reasons, we do not routinely prescribe benzodiazepines to individuals chronically prescribed opiate pain medications. Additionally, we do not fill requests for benzodiazepines or stimulants early.

If your provider orders a UA for drugs of abuse before initiating treatment, it must be obtained within 24 hours to be valid. Failure to have the UA performed could delay or otherwise interfere with treatment. If your provider suspects that you have a substance use disorder or if your medications are being misused, they will refer you for chemical dependency evaluation and treatment at a facility of your choice.

By signing here, I agree that I understand the above paragraph: _____

Treatment Approach

Medications to treat ADHD are usually highly effective but cannot completely control many behavioral issues and habits developed over the course of a lifetime--for instance persistent poor time management, procrastination, and disorganization. Other problems such as poor sleep habits, nutritional or weight issues, and anxiety/stress may also co-occur. As such, your medication provider will be incorporating cognitive behavioral or solution-focused therapies, relaxation techniques, nutrition education, sleep hygiene, and other interventions as appropriate to enhance your care. By signing below, you acknowledge that your psychiatric provider will bill your insurance company for a therapy “add on code” (example: 90833) when combined with a medication management visit as medically necessary. Please call the billing office (503-255-2343, opt. 8) to determine the total cost of your visit.

By signing here, I agree that I understand the above paragraph: _____