

**Northwest ADHD Treatment Center
Medication Management Policy 2019**

Name: _____ **DOB:** _____ **Today's Date:** _____

To provide comprehensive medication management services, Northwest ADHD Treatment Center requires certain information about your past and current medical and psychiatric history. Prior to your intake appointment with our Psychiatric Mental Health Nurse Practitioner, your provider will have reviewed any available documents to include your:

- Medical records
- Past psychiatric/behavioral health records
- Labs
- Northwest ADHD Therapist notes
- Oregon Prescription Drug Monitoring Registry

Additionally they may request to speak to someone who knows you well (collateral) during the course of your treatment.

Substance Use Screening

All new patients are required to perform a saliva or urine drug screen at their psychiatric intake appointment. The purpose of this screening is to establish baseline substance use. A positive result for illicit substances (methamphetamine, cocaine, heroin, etc.) will signal our providers to discuss referral for a chemical dependency evaluation with you. Positive results for other substances (alcohol, marijuana) will be discussed with you to determine if your pattern of use is clinically important. Patients who opt out of this screening will not receive medication management services, however, may still be able to attend therapy sessions.

By signing below, you consent to the collection of saliva and/or urine for the purpose of substance use screening.

Signature

Date

Prescriptions for Stimulant Medications

- Prescriptions for stimulant medications may only be prescribed during your regularly scheduled psychiatric appointments.
- Appointments will be on a monthly basis to evaluate effectiveness and monitor for side effects. When medications are optimized, you will be seen every 3 months. At that point, your provider will send 3 separate electronic prescriptions to your pharmacy in accordance with Oregon prescribing laws. Please know pharmacies will not have “refills” of stimulants on file, they will have 3 separate prescriptions that can be filled approximately once every 30 days.
- Some medications may need approval from your health insurance carrier, before they’re covered. This process may involve several steps by both your pharmacy and provider. As a courtesy, our staff works to handle these prior authorizations as quickly as possible.
- Return appointments will be scheduled in a timely fashion to ensure that you do not run out of medication between appointments. Please ensure you schedule a follow up appointment before you will be out of medication.
- If extenuating circumstances such as illness or injury cause you to miss your appointment, refills for stimulant medication may be given at your provider's discretion, so long as the request is made at least seven days in advance of when you will be out.
- Random UAs or saliva drug screens may be collected during the course of your treatment to ensure adherence and to screen for illicit substance use.
- **We are not able to provide refills on stimulant medication if you no-show or late cancel your appointment(s).**
- **It is your responsibility to keep your medications in a safe place. We will not replace prescriptions for lost or stolen stimulants.**

By signing here, I agree that I understand the above _____

Non-controlled Medication Refills

- It is your responsibility to notify the office in a timely manner when refills for non-stimulant medications are necessary. Approval of your refill **may take up to seven days**. To ensure you do not run out of medication, do not wait to call.
- Medication refills will only be addressed during regular office hours (Monday - Friday 9:00 am - 5:00 pm). If you call our crisis line to request a non-urgent medication you may be charged a \$75 fee.

By signing here, I agree that I understand the above: _____

Controlled Substances

Stimulant medications (amphetamine, methamphetamine, and methylphenidate) used to treat ADHD and other conditions are classified as CII controlled substances and are regulated by the National Drug Enforcement Agency and the State of Oregon. As stimulants have a known abuse potential and risk for dependency, they must only be prescribed to individuals for which they are medically necessary. **It is a crime in Oregon to intentionally provide false or misleading information (“lying,” exaggerating, or omitting information) to attempt to obtain controlled substances when not medically necessary (to use for performance enhancement, to sell, or to “get high”).** If your provider has reason to believe you are intentionally misrepresenting symptoms or are withholding pertinent information your care may be terminated. Per Oregon law:

ORS 475.916 Prohibited acts involving records and fraud; penalties. (1) It is unlawful for any person knowingly or intentionally: (c) To acquire or to attempt to acquire or obtain or attempt to obtain possession of a controlled substance by misrepresentation, fraud, forgery, deception or subterfuge;

For safety reasons, we do not routinely prescribe benzodiazepines to individuals chronically prescribed opiate pain medications. Additionally, we do not fill requests for benzodiazepines or stimulants early.

If your provider orders a UA for drugs of abuse before initiating treatment, it must be obtained within 48 hours to be valid. Failure to have the UA performed could delay or otherwise interfere with treatment. If your provider suspects that you have a substance use disorder or if your medications are being misused, they will refer you for chemical dependency evaluation and treatment at a facility of your choice.

You agree that you will not obtain or attempt to obtain controlled substances from other providers while under our care without first discussing this with your NW ADHD prescriber. These medications include stimulants, sleep medications, benzodiazepines, or opiates. Obtaining stimulants, sleep medications, or benzodiazepines from another provider while under our care without discussing it first with your psychiatric prescriber may be grounds for termination from this practice.

By signing here, I agree that I understand the above paragraphs: _____

Treatment Approach

Medications to treat ADHD are usually highly effective but cannot completely control many behavioral issues and habits developed over the course of a lifetime--for instance persistent poor time management, procrastination, and disorganization. Other problems such as poor sleep habits, nutritional or weight issues, and anxiety/stress may also co-occur. As such, your medication provider will be incorporating cognitive behavioral or solution-focused therapies, relaxation techniques, nutrition education, sleep hygiene, and other interventions as appropriate to enhance your care. By signing below, you acknowledge that your psychiatric provider will bill your insurance company for a therapy "add on code" (example: 90833) when combined with a medication management visit as medically necessary. Please call the billing office (503-255-2343, opt. 8) to determine the total cost of your visit.

By signing here, I agree that I understand the above paragraph: _____